

## Troop 480 Checklist #1

If you're heading out into the mountains or woods on a weekend or extended trip, you need to pack accordingly. Even a short trip can turn nasty, and if you're not prepared, you can get into trouble quickly. Make sure to bring the right gear and clothing. Print out this page to use as a checklist while you pack. Go through it before you hit the trail.

### Hardware:

- ▷ Backpack (3,000 to 7,000 cubic inches, depends on the length of trip)
- ▷ Waterproof pack cover
- ▷ Water bottles (two each, 32 oz. minimum)
- ▷ Water filter/purifier
- ▷ Swiss Army style knife/Leatherman multi-tool
- ▷ General pack/stove/tent repair kit
- ▷ Duct tape (wrap around waterbottles)
- ▷ Sunglasses
- ▷ Sunscreen, SPF 15 minimum
- ▷ Lip balm, SPF 15
- ▷ Maps: topographic, 7.5 or 15 minute map of area
- ▷ Compass
- ▷ Headlamp/flashlight
- ▷ Lighter, waterproof matches, and firestarter
- ▷ Personal toiletry items
- ▷ Toilet paper
- ▷ Camera and film
- ▷ Binoculars
- ▷ Watch
- ▷ Bug repellent
- ▷ Sleeping bag with stuff sack (waterproof)
- ▷ Sleeping pad
- ▷ Food

**What to wear:**

- ▷ Sun hat
- ▷ Warm ski hat
- ▷ Lightweight, long-sleeved upper wicking layer (no cotton, stick with capilene, polypropelene, or another wicking material)
- ▷ Heavier, long-sleeved upper wicking layer, mid-weight
- ▷ Heavier insulation layer, a fleece jacket or sweater, which can be stowed at the top of your pack for easy access
- ▷ Shell jacket (waterproof)
- ▷ Lightweight long-john bottoms
- ▷ Fleece pants
- ▷ Shell pants (waterproof)
- ▷ Gloves or mittens
- ▷ Extra lightweight, upper layer
- ▷ Gaiters
- ▷ Hiking boots suitable for terrain
- ▷ Camp shoes/sandals
- ▷ T-shirt
- ▷ Bandana
- ▷ Quick-drying shorts
- ▷ Hiking shorts
- ▷ Socks: two pair liners and two-three pair heavy wool or synthetic hiking socks

**Group Gear:**

- ▷ Tent
- ▷ Ground cloth
- ▷ Stove
- ▷ Fuel and fuel bottles
- ▷ Cook set
- ▷ Utensils
- ▷ Mug
- ▷ Scrubber/sponge and biodegradable soap
- ▷ Garbage bags
- ▷ First-aid kit
- ▷ Whistle
- ▷ Small trowel (for digging catholes)

**Options:**

- ▷ Lantern
- ▷ Collapsible water bag
- ▷ Portable chair
- ▷ Plant/bird/star guides
- ▷ Daypack for side trips
- ▷ Notebook/pen
- ▷ Extra tarp
- ▷ 50' nylon cord